

FIREFIGHTERS 2UP DUATHLON

MARCH 20TH 2016



5.6k



37.2k



5.6k

First Name	Surname	Age	Club	Class	Run 1	T1	Bike	T2	Run 2	Overall Time	Team Position	Class Position
Craig	Hamilton	35	SCOTTISH FIRE RESCUE SERVICE	M	00:25:01	00:00:33.13	01:08:35.75	00:00:33.13	00:24:47.70	01:59:30.30	1	1
Ian	Sim	37	SCOTTISH FIRE RESCUE SERVICE	M	00:23:45	00:01:08.60	01:08:34.55	00:01:11.40	00:24:50.80	01:59:30.40		
Jonathan	Mann	41	EPIC 58	MV40	00:23:19	00:00:56.10	01:09:32.15	00:00:59.40	00:25:08.15	01:59:55.05	2	1
Steven	Gregory	41	EPIC 58	MV40	00:23:19	00:00:56.15	01:09:31.10	00:01:00.20	00:25:09.15	01:59:55.15		
Martin	Cain	40	TRI GURU 2	M	00:24:00	00:01:06.35	01:08:35.45	00:01:22.60	00:26:46.10	02:01:50.70	3	2
Cole	Drews	28	TRI GURU 2	M	00:24:03	00:01:05.10	01:08:31.85	00:01:16.70	00:26:56.30	02:01:52.75		
Andrew	Turner	39	GMC FIRE SERVICE	M	00:24:15	00:00:59.90	01:11:06.05	00:01:05.35	00:25:31.40	02:02:58.05	4	3
Joe	Duckworth	45	GMC FIRE SERVICE	M	00:24:15	00:00:59.25	01:11:09.70	00:01:01.65	00:25:33.25	02:02:58.45		
Julian	Goudge	45	TEAM LEAN	M	00:22:57	00:01:10.85	01:14:12.25	00:01:15.55	00:24:22.05	02:03:58.10	5	4
Michael	Hallas	28	TEAM LEAN	M	00:24:16	01:14:07.85	00:00:37.13	00:00:37.13	00:24:21.90	02:04:00.20		
Richard	Bardon	45	THE ENDURANCE STORE	MV40	00:23:53	00:01:15.40	01:12:33.80	00:01:22.00	00:25:31.65	02:04:36.10	6	2
Stephen	Hilton	44	THE ENDURANCE STORE	MV40	00:23:53	00:01:13.05	01:12:35.40	00:01:21.90	00:25:33.40	02:04:36.30		
Ged	McGrath	41	EPIC 24	MV40	00:24:09	00:01:30.40	01:12:05.45	00:01:05.30	00:25:54.60	02:04:44.45	7	2

Mike	Nolan	44	EPIC 24	MV40	00:24:05	00:01:24.35	01:12:20.90	00:01:08.95	00:25:48.55	02:04:47.35	7	5
Mark	Quinn	36	Craven Energy 3	M	00:23:56	00:01:26.65	01:14:24.40	00:01:16.05	00:26:09.90	02:07:12.75	8	5
Anthony	Simpson	36	Craven Energy 3	M	00:23:55	00:01:29.15	01:14:20.60	00:01:18.35	00:26:11.40	02:07:14.65		
Garreth	Humphries	45	TEAM GB	M	00:24:32	00:02:15.40	01:14:36.15	00:01:35.30	00:25:23.75	02:08:22.70	9	6
Ben	Cooper	22	TEAM GB	M	00:24:33	00:02:13.75	01:14:32.55	00:01:41.05	00:25:22.90	02:08:23.15		
Paul	Marshall	44	EPIC 13	M	00:24:06	00:01:03.55	01:16:44.30	00:00:59.10	00:26:22.70	02:09:16.10	21	11
Peter	Rogers	49	STOCKPORT HARRIERS	MV40	00:24:01	00:01:53.20	01:16:56.60	00:01:32.90	00:24:59.85	02:09:23.35	10	4
James	Corden	44	STOCKPORT HARRIERS	MV40	00:23:58	00:01:58.05	01:16:52.85	00:01:31.75	00:25:04.80	02:09:25.55		
Nick	Rose	44	EPIC 26	MV40	00:26:13	00:02:17.95	01:13:48.15	00:01:35.95	00:25:56.50	02:09:51.30	11	5
Nik	Avraam	41	EPIC 26	MV40	00:26:12	00:02:17.45	01:13:43.15	00:01:39.95	00:25:59.55	02:09:51.85		
Fraser	Snape	48	SALESBURY DADS CC	MV40	00:26:21	00:01:38.45	01:11:47.95	00:01:47.85	00:28:41.45	02:10:16.55	12	6
Chris	Stanley	42	SALESBURY DADS CC	MV40	00:26:18	00:01:39.25	01:11:46.75	00:01:49.35	00:28:43.60	02:10:17.10		
Martin	Taylor	42	LOSTOCK AC 1	MV40	00:25:51	00:01:21.80	01:14:57.05	00:01:12.65	00:27:47.90	02:11:10.50	13	7
Colin	Gregory	44	LOSTOCK AC 1	MV40	00:25:51	00:01:22.90	01:15:02.05	00:01:07.85	00:27:47.55	02:11:11.30		
Niall	Owens	34	TRI RIVINGTON 4	M	00:26:07	00:01:04.25	01:16:00.90	00:01:09.45	00:27:05.55	02:11:26.65	14	7
Matthew	Wilson	33	TRI RIVINGTON 4	M	00:26:09	00:01:11.20	01:15:52.20	00:01:14.45	00:27:00.20	02:11:27.25		
Emma	Taylor	25	EPIC 55	MIX	00:24:51	00:01:20.70	01:18:20.90	00:01:33.60	00:25:55.45	02:12:01.95	15	1
Chris	Barnes	38	EPIC 55	MIX	00:24:50	00:01:20.80	01:18:15.95	00:01:35.45	00:25:59.55	02:12:02.20		
Scott	Lindsay	42	TRI PRESTON 3	M	00:26:41	00:01:25.25	01:14:58.90	00:01:31.10	00:27:37.45	02:12:14.05	16	8
John	Ordish	31	TRI PRESTON 3	M	00:26:42	00:01:26.30	01:14:59.10	00:01:30.70	00:27:36.45	02:12:14.40		
Donna	Edmondson	42	CROSSTRAX	MIX	00:24:39	00:01:28.25	01:17:58.25	00:01:14.15	00:27:16.50	02:12:36.35	17	2
Mario	Barbosa	39	CROSSTRAX	MIX	00:24:40	00:01:29.50	01:17:49.80	00:01:19.65	00:27:19.40	02:12:38.15		
Andy	Bray	49	EPIC 20	M	00:26:02	00:01:07.85	01:15:02.85	00:01:09.80	00:29:38.05	02:13:00.95	18	9
Alastair	Horabin	30	EPIC 20	M	00:26:00	00:01:17.10	01:14:57.15	00:01:07.50	00:29:39.40	02:13:01.05		
Dane	Stanley	38	PSOF	M	00:26:34	00:01:13.60	01:16:43.95	00:01:28.05	00:27:27.85	02:13:27.40	19	10
James	Rooney	37	PSOF	M	00:26:33	00:01:15.15	01:16:41.25	00:01:30.50	00:27:27.05	02:13:27.40		
Mark	Glynn	47	WIGAN HARRIERS	MIX	00:26:14	00:01:12.45	01:19:44.70	00:01:21.60	00:27:13.60	02:15:46.20	20	3
Katherine	Brougham	32	WIGAN HARRIERS	MIX	00:26:14	00:01:13.60	01:19:44.10	00:01:21.80	00:27:13.05	02:15:46.30		
Wes	Edwards	30	EPIC 13	M	00:24:08	00:01:17.40	01:19:12.15	00:01:50.20	00:29:25.00	02:15:52.95	21	11
Ryan John	Willis	38	EPIC 35	M	00:25:49	00:01:19.90	01:18:57.05	00:01:21.30	00:28:54.60	02:16:21.85	22	12
James Darren	Tennant	38	EPIC 35	M	00:25:51	00:01:16.90	01:18:53.25	00:01:24.50	00:28:56.45	02:16:22.30		
Paul	Sellars	47	EPIC 34	M	00:27:59	00:01:13.55	01:17:04.55	00:01:16.10	00:28:54.25	02:16:27.45	23	13
Daniel	Bluff	19	EPIC 34	M	00:28:00	00:01:11.80	01:17:06.70	00:01:15.35	00:28:54.10	02:16:27.80		

Patrick	Walkington	42	ROSSENDALE TRI CLUB	MV40	00:27:28	00:01:42.45	01:16:44.90	00:01:40.70	00:30:34.15	02:18:10.35	24	8
Graeme	Courtney	49	ROSSENDALE TRI CLUB	MV40	00:27:29	00:01:44.30	01:16:49.65	00:01:36.30	00:30:31.55	02:18:10.65		
Shaun	O'Dwyer	39	EPIC 30	M	00:23:50	00:01:16.15	01:19:14.70	00:01:22.05	00:32:46.65	02:18:29.75	25	14
Paul	Freary	47	EPIC 30	M	00:23:53	00:01:23.95	01:19:04.90	00:01:20.95	00:32:47.00	02:18:29.75		
Gema	Snape	32	EPIC 52	MIX	00:27:07	00:01:41.40	01:20:50.95	00:01:25.25	00:27:54.60	02:18:59.00	26	4
Ste	Snape	39	EPIC 52	MIX	00:27:08	00:01:41.60	01:20:47.95	00:01:28.95	01:51:06.45	02:18:59.00		
John	Murray	47	EPIC 28	M	00:26:26	00:01:52.30	01:17:16.55	00:01:36.20	00:31:57.05	02:19:07.80	27	15
Richard	Hyder	38	EPIC 28	M	00:26:25	00:01:48.60	01:17:16.65	00:01:39.50	00:31:59.05	02:19:09.00		
Ashley	Arundel	35	EPIC 39	M	00:26:31	00:01:39.30	01:19:37.70	00:01:55.60	00:29:26.65	02:19:09.90	28	16
James	Taylor	36	EPIC 39	M	00:26:31	00:01:39.75	01:19:37.90	00:01:54.70	00:29:26.25	02:19:09.95		
Debbie	Gowans	51	ACCRINGTON ROAD RUNNERS	MIX	00:26:18	00:01:50.80	01:22:21.85	00:01:38.25	00:27:15.85	02:19:24.40	29	5
Graham	Morris	51	ACCRINGTON ROAD RUNNERS	MIX	00:26:16	00:01:51.70	01:22:24.05	00:01:34.95	00:27:18.60	02:19:25.15		
Brian	O'Neill	44	SCOTTISH FIRE AND RESCUE	MV40	00:26:51	00:01:28.70	01:16:49.90	00:01:42.10	00:32:38.50	02:19:30.35	30	9
Graeme	Croll	50	SCOTTISH FIRE AND RESCUE	MV40	00:26:52	00:01:28.55	01:16:48.55	00:01:44.25	00:32:37.60	02:19:30.60		
David	Owen	41	EPIC 31	MV40	00:26:32	00:01:50.70	01:20:40.60	00:02:05.45	00:28:26.55	02:19:35.60	31	10
Stephen	Lowe	50	EPIC 31	MV40	00:26:33	00:01:50.80	01:20:44.15	00:02:04.15	00:28:25.75	02:19:37.65		
Ryan	Greer	40	EPIC 22	M	00:25:21	00:01:34.30	01:21:09.70	00:01:35.75	00:30:14.40	02:19:55.35	32	17
Daniel	Knight	26	EPIC 22	M	00:25:16	00:01:38.40	01:21:09.05	00:01:38.60	00:30:15.25	02:19:56.90		
Danny	Meakin	35	EPIC 16	M	00:26:37	00:02:04.90	01:21:14.40	00:01:25.05	00:29:02.40	02:20:23.90	33	18
Paul	Geraghty	35	EPIC 16	M	00:26:36	00:02:05.00	01:21:16.40	00:01:23.45	00:29:03.55	02:20:24.25		
Daniel	Winters	33	EPIC 46	M	00:26:30	00:02:48.05	01:18:59.45	00:02:19.45	00:30:14.80	02:20:51.25	34	19
Stacey	Jeffries	44	EPIC 46	M	00:26:29	00:02:50.60	01:18:56.85	00:02:20.90	00:30:14.50	02:20:51.65		
Charlie	Stirrup	45	ST HELENS TRI	M	00:27:06	00:01:48.70	01:17:19.70	00:01:58.20	00:32:48.00	02:21:00.55	35	20
Craig	Abbott	38	ST HELENS TRI	M	00:27:07	00:01:53.95	01:17:14.95	00:01:57.40	00:32:47.40	02:21:00.75		
Andy	Virr	31	W YORKS FIRE RESCUE SERVICE	M	00:27:56	00:01:48.95	01:18:20.90	00:01:49.45	00:31:17.60	02:21:12.55	36	21
Christopher	Whittel	50	W YORKS FIRE RESCUE SERVICE	M	00:27:55	00:01:53.25	01:18:20.70	00:01:46.45	00:31:19.00	02:21:14.75		
Ste	Moore	39	EPIC 10	M	00:26:24	00:02:06.75	01:16:11.40	00:02:38.65	00:36:03.05	02:23:24.35	37	22
Andy	Dobson	35	EPIC 10	M	00:26:24	00:02:06.45	01:16:08.90	00:02:40.90	00:36:04.40	02:23:24.55		
Colin	Eastham	49	EPIC 12	M	00:27:27	00:01:40.60	01:22:37.60	00:01:36.40	00:30:09.00	02:23:30.65	38	23
Sean	Corrigan	31	EPIC 12	M	00:27:26	00:01:42.50	01:22:34.95	00:01:36.55	00:30:10.30	02:23:30.70		
Andrew	Doyle	47	BOLTON HARRIERS 1	MV40	00:26:02	00:01:56.60	01:25:59.60	00:01:48.40	00:27:52.25	02:23:38.40	39	11
David	Hanson	45	BOLTON HARRIERS 1	MV40	00:26:01	00:00:57.80	00:00:57.80	01:27:48.45	00:27:53.30	02:23:38.60		
Antony	Gummersall	47	TEAM TRI-GURU 3	MV40	00:26:58	00:03:40.55	01:17:54.15	00:02:04.20	00:33:07.35	02:23:43.80	41	13

Kevin	Yates	42	CROCKET AND TUBS	MV40	00:28:30	00:01:32.60	01:19:22.15	00:02:03.50	00:32:16.20	02:23:44.30	40	12
Steve	Nicholls	42	CROCKET AND TUBS	MV40	00:28:31	00:01:33.30	01:19:23.50	00:01:57.10	00:32:19.90	02:23:44.35		
Steven	Lyons	49	TEAM TRI-GURU 3	MV40	00:29:21	00:01:18.75	01:17:53.20	00:01:32.60	00:33:39.25	02:23:45.15	41	13
Les	Kennedy	48	EPIC 18	MV40	00:30:35	00:01:37.45	01:17:28.45	00:01:53.50	00:32:33.70	02:24:07.65	42	14
Alex	Gifford	40	EPIC 18	MV40	00:30:35	00:01:36.20	01:17:42.30	00:01:40.95	00:32:33.70	02:24:08.10		
Kevin	Wilson	46	COLT	MIX	00:28:46	00:02:06.25	01:22:25.00	00:02:08.05	00:29:05.60	02:24:30.90	43	6
Kerry	Oldfield	39	COLT	MIX	00:28:43	00:02:06.25	01:22:31.40	00:02:06.05	00:29:04.95	02:24:31.50		
Dan	Shepherd	30	EPIC 37	M	00:26:56	00:02:09.00	01:19:30.60	00:02:16.05	00:34:01.85	02:24:53.75	44	24
Jason	Worswick	38	EPIC 37	M	00:26:57	00:02:07.35	01:19:35.30	00:02:10.05	00:34:04.20	02:24:53.90		
Simon	Fox	47	CALDERDALE TRI CLUB 2	MV40	00:27:57	00:02:13.65	01:21:31.50	00:02:13.55	00:31:27.60	02:25:22.85	45	15
Stuart	Williamson	48	CALDERDALE TRI CLUB 2	MV40	00:27:58	00:02:11.25	01:21:31.60	00:02:15.05	00:31:28.20	02:25:23.80		
Andrew	Lee	33	TRI-RIVINGTON UK 3	M	00:26:28	00:02:03.35	01:22:13.50	00:01:59.95	00:33:03.30	02:25:48.20	46	25
Dean	Ramsden	47	TRI-RIVINGTON UK 3	M	00:26:27	00:01:58.80	01:22:16.20	00:02:03.05	00:33:02.85	02:25:48.35		
Simon	Greenwood	50	CHESTER TRI	MV50	00:29:36	00:02:01.40	01:19:57.70	00:02:01.85	00:32:12.15	02:25:48.85	47	1
Stephen	Spall	51	CHESTER TRI	MV50	00:29:36	00:01:59.85	01:19:57.15	00:02:03.35	00:32:13.00	02:25:49.40		
Julian	Ferrier	46	EPIC 14	MV40	00:28:30	00:02:05.70	01:19:59.65	00:02:07.70	00:33:20.30	02:26:03.05	48	16
John	Bamford	44	EPIC 14	MV40	00:28:31	00:02:03.60	01:20:04.15	00:02:04.60	00:33:19.85	02:26:03.20		
Tony	Holt	51	GMC FIRE SERVICE 2	MV50	00:27:54	00:02:14.20	01:24:40.05	00:01:53.30	00:29:56.20	02:26:37.90	49	2
Neil	Mercer	50	GMC FIRE SERVICE 2	MV50	00:27:54	00:01:31.80	01:25:21.00	00:01:52.90	00:29:58.00	02:26:37.95		
Nigel	Stanhope	51	EPIC 53	MIX	00:39:01	00:02:15.80	01:42:49.45	00:02:49.65	02:26:56.20	02:26:56.20	50	7
Janet	Stanhope	52	EPIC 53	MIX	00:39:05	00:02:13.70	00:41:19.10	00:02:49.65	02:26:56.20	02:26:56.20		
Phil	Riley	41	ASTLEY TYLDESLEY ROAD	MV40	00:30:34	00:01:56.65	01:20:54.70	00:01:51.30	00:32:16.80	02:27:33.25	51	17
Anthony	Hart	47	ASTLEY TYLDESLEY ROAD	MV40	00:30:38	00:01:53.45	01:21:02.80	00:01:45.30	00:32:16.50	02:27:35.75		
Mark	Sockett	30	LOSTOCK AC	M	00:28:37	00:02:15.05	01:20:56.70	00:02:24.25	00:33:38.95	02:27:52.10	52	26
Thomas	Sockett	27	LOSTOCK AC	M	00:29:00	00:02:16.25	01:20:57.15	00:02:23.95	00:33:39.20	02:27:53.15		
Trevor	Burton	49	CRAVEN ENERGY 2	MV40	00:26:15	00:02:02.15	01:28:26.90	00:02:11.35	00:28:43.05	02:27:38.10	53	18
Neil	Pennington	45	CRAVEN ENERGY 2	MV40	00:26:13	00:02:05.80	01:28:11.65	00:02:24.00	00:28:43.50	02:27:38.20		
Erica	Booth	36	TRI RIVINGTON 5	MIX	00:27:25	00:03:02.55	01:24:53.90	00:02:46.00	00:30:12.90	02:28:20.55	54	8
Alex	Holcroft	30	TRI RIVINGTON 5	MIX	00:27:26	00:02:59.05	01:25:00.85	00:02:43.80	00:30:12.25	02:28:21.90		
Jay	Waddington	41	RIBBLE VALLEY TRI CLUB	MV40	00:28:21	00:01:59.30	01:27:12.40	00:01:44.25	00:30:08.75	02:29:25.75	55	19
Simon	Ross	45	RIBBLE VALLEY TRI CLUB	MV40	00:28:20	00:01:58.70	01:27:15.60	00:01:42.95	00:30:08.25	02:29:25.75		
Angus	Robinson	51	GMFRS 3	MV40	00:27:01	00:02:15.05	01:29:40.00	00:02:00.95	00:28:41.90	02:29:39.25	56	20
Damian	O'Rourke	47	GMFRS 3	MV40	00:27:01	00:02:13.05	01:29:43.40	00:01:57.30	00:28:44.30	02:29:39.40		

Norman	Tyrer	47	EPIC 6	M	00:29:45	00:01:54.35	01:21:46.00	00:02:53.40	00:33:27.30	02:29:46.20	57	27
Scott	Bennett	35	EPIC 6	M	00:29:45	00:01:56.30	01:21:46.15	00:02:52.15	00:33:27.90	02:29:47.05		
Alex	Stewart	45	NI FIRE TRI	MV40	00:28:50	00:01:57.65	01:27:35.75	00:01:58.00	00:30:27.95	02:30:49.20	58	21
Craig	Bell	48	NI FIRE TRI	MV40	00:28:50	00:02:02.95	01:27:31.30	00:02:13.20	00:30:12.10	02:30:50.00		
Lee	Smith	30	GMFRS TRI	M	00:28:45	00:02:15.30	01:24:16.30	00:02:05.70	00:33:31.60	02:30:53.45	59	28
Ryan	Bailey	29	GMFRS TRI	M	00:28:44	00:02:14.50	01:24:19.25	00:02:03.45	00:33:33.45	02:30:54.60		
Jimmy	Bardsley	51	TEAM TRI GURU 2	MV50	00:29:11	00:01:22.20	01:26:00.40	00:01:29.85	00:32:55.35	02:30:59.15	60	3
Sean	Ofsarnie	50	TEAM TRI GURU 2	MV50	00:29:15	00:01:15.95	01:26:07.80	00:01:26.40	00:32:54.20	02:30:59.85		
Paul	Harris	40	CRAVEN ENERGY 1	MV40	00:28:31	00:02:07.55	01:27:52.10	00:02:14.00	00:30:24.75	02:31:09.80	61	22
Peter	Harrison	45	CRAVEN ENERGY 1	MV40	00:28:32	00:02:04.40	01:27:57.95	00:02:08.20	00:30:27.45	02:31:10.10		
Nathan	Walker	29	EPIC 44	M	00:26:35	00:01:52.65	01:30:40.10	00:01:38.35	00:31:17.65	02:32:03.35	62	29
Harry	Bates	31	EPIC 44	M	00:26:34	00:01:54.20	01:30:38.25	00:01:41.30	00:31:16.05	02:32:03.65		
Phil	Coombs	51	TRI-RIVINGTON UK 1	MV40	00:30:49	00:02:05.15	01:22:16.00	00:01:51.40	00:35:05.25	02:32:07.15	63	23
Dave	Shorthouse	47	TRI-RIVINGTON UK 1	MV40	00:30:50	00:02:08.45	01:22:16.50	00:01:47.70	00:35:07.10	02:32:09.65		
Chris	Swaby	28	EPIC 38	M	00:28:16	00:01:54.05	01:27:25.80	00:01:42.80	00:32:56.10	02:32:14.75	64	30
Mark	Farley	31	EPIC 38	M	00:28:17	00:01:54.15	01:27:27.45	00:01:41.40	00:32:55.60	02:32:15.45		
Tony	Byrne	42	TRI PRESTON 2	MV40	00:29:04	00:02:24.55	01:26:51.55	00:02:31.95	00:31:24.55	02:32:17.00	65	24
Chris	Perry	41	TRI PRESTON 2	MV40	00:29:05	00:02:22.25	01:26:54.75	00:02:31.35	00:31:24.55	02:32:17.45		
Craig	Sykes	45	ROCHDALE TRI CLUB	MV40	00:29:29	00:01:44.55	01:27:05.90	00:01:44.70	00:32:24.85	02:32:28.85	66	25
Simon	Bytheway	46	ROCHDALE TRI CLUB	MV40	00:29:29	00:01:43.05	01:27:05.90	00:01:46.55	00:32:24.40	02:32:29.15		
Mike	Watson	32	ULVERSTON TRI CLUB	M	00:28:12	00:00:49.28	00:00:49.28	01:25:32.40	00:37:50.50	02:33:13.70	68	31
Paul	Stanway	50	ULVERSTON TRI CLUB	M	00:28:12	00:00:48.98	00:00:48.98	01:25:32.50	00:37:52.00	02:33:14.00		
David	Hargreaves	30	CHORLTON RUNNERS	M	00:26:30	00:02:05.70	01:33:45.85	00:02:10.80	00:29:15.40	02:33:47.45	69	32
Sam	Edwards	22	CHORLTON RUNNERS	M	00:28:36	00:46:52.23	00:46:52.23	00:02:12.05	00:29:15.00	02:33:47.70		
Gregg	Carr	36	EPIC 9	M	00:30:37	00:02:49.95	01:24:41.70	00:02:49.95	00:33:06.85	02:34:05.20	70	33
Jack	Dawson	33	EPIC 9	M	00:33:26	00:02:49.95	01:24:41.70	00:02:49.95	00:33:07.30	02:34:16.15		
Ian	Sharples	29	EPIC 36	M	00:27:57	00:02:03.70	01:30:06.25	00:02:44.00	00:33:13.70	02:36:04.35	71	34
Liam	Convey	30	EPIC 36	M	00:27:56	00:02:03.05	01:30:05.85	00:02:45.55	00:33:14.20	02:36:04.75		
Neil	Whitworth	43	TEAM PIE	MV40	00:31:41	00:02:06.00	01:26:31.40	00:02:42.45	00:33:04.60	02:36:05.20	72	26
Mark	Tamlin	44	TEAM PIE	MV40	00:31:43	00:02:04.45	01:26:37.80	00:02:33.35	00:33:08.05	02:36:06.70		
Anthony	Warham	39	BOLTON HARRIERS 2	M	00:29:53	00:02:59.90	01:31:40.05	00:02:04.40	00:29:59.45	02:36:36.65	73	35
Stuart	Parsonson	42	BOLTON HARRIERS 2	M	00:29:53	00:02:59.90	01:31:40.05	00:02:04.40	00:29:59.45	02:36:36.65		
Peter	Jackson	41	EPIC 19	MV40	00:30:41	00:02:32.00	01:25:54.75	00:02:26.90	00:36:31.25	02:38:05.65	74	27

Nicholas	Hockenhull	53	EPIC 19	MV40	00:30:42	00:02:32.45	01:25:57.60	00:02:24.25	00:36:30.15	02:38:06.35	74	4
Vicky	Heys	45	EPIC 2	FV40	00:30:58	00:01:58.70	01:31:27.70	00:01:59.45	00:31:55.50	02:38:19.75	75	1
Julia	Hartley	44	EPIC 2	FV40	00:30:58	00:01:57.35	01:31:23.70	00:02:04.95	00:31:56.00	02:38:19.95	75	1
Jon	Hoyle	45	EPIC 21	MV40	00:29:26	00:02:35.70	01:30:17.30	00:03:00.00	00:33:04.25	02:38:23.75	76	28
Brook	Chambers	40	EPIC 21	MV40	00:29:27	00:02:34.95	01:30:16.70	00:03:01.80	00:33:04.85	02:38:24.90	76	28
Danny	Tarbuck	32	EPIC 29	M	00:30:49	00:02:31.40	01:28:26.70	00:02:08.75	00:34:42.30	02:38:38.60	77	36
Ray	Nuttall	55	EPIC 29	M	00:30:49	00:02:33.60	01:28:29.60	00:02:09.80	00:34:36.85	02:38:38.60	77	36
Paul	Norris	51	FIRE SERVICE 2	MV50	00:31:48	00:01:51.65	01:27:36.45	00:02:19.85	00:35:12.55	02:38:48.50	78	4
Ian	Ainsworth	52	FIRE SERVICE 2	MV50	00:31:48	00:01:53.45	01:27:26.10	00:01:51.80	00:35:49.50	02:38:48.60	78	4
Kamlesh	Patel	35	TOTALTRITRAINING	M	00:29:14	00:02:49.45	01:32:20.60	00:02:38.65	00:31:56.05	02:38:58.60	79	37
Matthew	Pemrick	44	TOTALTRITRAINING	M	00:29:15	00:02:52.75	01:32:14.70	00:02:41.45	00:31:54.75	02:38:58.80	79	37
Dan	McGregor	43	EPIC 25	MV40	00:28:00	00:03:50.00	01:34:02.00	00:02:16.50	00:31:00.95	02:39:09.35	80	29
Jim	Harris	43	EPIC 25	MV40	00:28:00	00:03:50.75	01:33:58.55	00:02:18.00	00:31:01.80	02:39:09.35	80	29
Neville	McGuinness	52	GMC FIRE SERVICE 1	MV40	00:30:47	00:02:33.55	01:28:53.55	00:02:09.95	00:34:47.30	02:39:11.00	81	30
Andy	Laycock	49	GMC FIRE SERVICE 1	MV40	00:30:47	00:02:36.35	01:28:53.10	00:02:09.50	00:34:45.00	02:39:11.15	81	30
Lee	Thomas	31	EPIC 33	M	00:28:10	00:01:11.05	01:38:51.80	00:01:27.00	00:30:24.10	02:40:03.45	82	38
Simon	Pendlebury	31	EPIC 33	M	00:28:09	00:01:14.50	01:38:48.05	00:01:28.30	00:30:23.85	02:40:03.60	82	38
Ian	Rothwell	56	TRI GURU 3	MV50	00:30:54	00:01:55.30	01:30:29.70	00:02:06.55	00:34:58.50	02:40:23.55	83	5
Jon	Kerr	50	TRI GURU 3	MV50	00:30:55	00:01:58.05	01:30:27.00	00:02:04.75	00:34:59.15	02:40:23.55	83	5
Eddy	Cooke	29	EPIC 17	M	00:28:53	00:02:15.30	01:31:28.45	00:02:13.60	00:36:02.15	02:40:52.45	84	39
Rick	Gibson	25	EPIC 17	M	00:28:53	00:02:12.30	01:31:37.70	00:02:06.70	00:36:03.40	02:40:52.75	84	39
Mr	Ridings	43	GMFRS 1	MV40	00:31:12	00:02:23.35	01:29:55.20	00:02:29.45	00:35:03.40	02:41:03.80	86	31
Anthony	Holt	32	TEAM DEANE 3	M	00:28:26	00:02:20.70	01:31:37.85	00:01:42.85	00:36:58.05	02:41:05.10	85	40
Paddy	Brady	22	TEAM DEANE 3	M	00:28:26	00:02:17.95	01:31:42.20	00:01:40.75	00:36:59.00	02:41:05.45	85	40
John	Naylor	52	GMFRS 1	MV40	00:31:12	00:02:25.35	01:30:00.75	00:02:23.90	00:35:03.95	02:41:05.60	86	31
Ian	Howarth	51	TRI GURU 1	MV50	00:30:29	00:02:22.65	01:31:55.55	00:02:27.00	00:35:30.10	02:42:44.55	87	6
Howard	Bamber	62	TRI GURU 1	MV50	00:30:30	00:02:20.20	01:31:55.50	00:02:29.35	00:35:29.65	02:42:44.60	87	6
Rachael	Moore	40	WIGAN PHOENIX	F	00:27:52	00:02:01.25	01:41:36.40	00:02:08.80	00:29:34.35	02:43:13.05	88	1
Vicky	Bryant	34	WIGAN PHOENIX	F	00:27:53	00:01:59.75	01:41:38.65	00:02:07.00	00:29:35.15	02:43:13.35	88	1
Andrew	Bennicke	44	EPIC 7	MV40	00:30:25	00:03:29.70	01:33:33.35	00:02:58.95	00:32:52.35	02:43:19.80	89	32
Darren	Barton	43	EPIC 7	MV40	00:30:25	00:01:45.53	00:01:45.53	01:36:30.70	00:32:52.80	02:43:20.00	89	32
Stuart	Parr	31	GMFRS 2	M	00:30:12	00:01:42.55	01:33:52.35	00:02:03.35	00:37:17.60	02:45:07.40	90	41
Robert	McDonough	32	GMFRS 2	M	00:30:10	00:01:42.45	01:33:55.90	00:01:59.85	00:37:20.10	02:45:08.55	90	41

Fiona	Johnston	45	YOGA SPIRIT	MIX	00:31:37	00:03:22.85	01:31:55.85	00:02:35.70	00:36:35.65	02:46:07.15	91	9
Steve	Jobson	48	YOGA SPIRIT	MIX	00:31:38	00:03:20.85	01:31:58.20	00:02:34.90	00:36:35.45	02:46:07.50		
Kevin	Duckworth	58	TEAM TRI GURU 1	M	00:29:08	00:01:40.80	01:42:58.45	00:01:55.30	00:30:52.90	02:46:35.70	92	42
Daniel	Bamber	37	TEAM TRI GURU 1	M	00:26:48	00:01:25.10	01:45:32.60	00:01:35.70	00:31:14.40	02:46:35.90		
Anthony	Hatton	40	INVICTUS TRI CLUB	M	00:30:59	00:02:33.90	01:34:54.10	00:02:34.35	00:35:43.25	02:46:44.75	93	43
Arwel	Hughes	36	INVICTUS TRI CLUB	M	00:29:22	00:04:09.50	01:34:42.95	00:02:47.75	00:35:42.45	02:46:45.00		
Robert	Burns	29	EPIC 23	M	00:31:44	00:02:38.60	01:33:18.60	00:02:42.55	00:36:39.80	02:47:03.30	94	44
Mark	Lever	28	EPIC 23	M	00:31:46	00:02:39.30	01:33:20.55	00:02:38.30	00:36:40.90	02:47:05.35		
Stewart	Brierley	34	TRI-RIVINGTON UK 2	M	00:29:41	00:01:41.80	01:38:56.20	00:01:42.00	00:35:32.50	02:47:33.70	95	45
Raymond	McGloin	58	TRI-RIVINGTON UK 2	M	00:29:43	00:01:41.60	01:38:53.20	00:01:42.95	00:35:33.75	02:47:34.50		
Nick	Taylor	27	BURNDEN ROAD RUNNERS	M	00:32:02	00:03:05.35	01:37:42.75	00:02:31.25	00:34:05.00	02:49:26.80	96	46
Tim	Taylor	55	BURNDEN ROAD RUNNERS	M	00:35:06	00:48:48.95	00:48:48.95	00:02:36.20	00:34:07.00	02:49:27.45		
Tony	Brierley	63	EPIC 8	M	00:29:13	00:03:14.55	01:41:08.65	00:03:07.60	00:33:32.90	02:50:16.55	97	47
Andrew	Brierley	23	EPIC 8	M	00:29:12	00:03:14.00	01:41:12.00	00:03:04.80	00:33:33.45	02:50:16.65		
Richie	Matthias	32	EPIC 5	M	00:32:59	00:01:46.15	01:36:46.75	00:02:07.90	00:39:05.85	02:52:46.00	98	48
Chris	Barnes	36	EPIC 5	M	00:32:59	00:01:48.70	01:36:45.65	00:02:07.60	00:39:05.15	02:52:46.25		
Emma	Spence	41	TEAM DEANE 2	FV40	00:33:07	00:02:44.95	01:38:35.55	00:02:46.90	00:36:04.70	02:53:19.20	99	2
Janine	Knight	45	TEAM DEANE 2	FV40	00:33:08	00:02:47.30	01:38:34.30	00:02:44.05	00:36:06.45	02:53:20.50		
Alistair	Thom	44	EPIC 40	MV40	00:31:42	00:02:17.50	01:35:26.00	00:02:21.50	00:41:38.35	02:53:25.55	100	33
Neil	Dainty	47	EPIC 40	MV40	00:31:42	00:02:17.30	01:35:26.60	00:02:19.25	00:41:40.85	02:53:25.80		
David	Cookson	30	CHUCKLE BROTHERS 1	M	00:32:58	00:02:51.15	01:33:50.10	00:02:54.55	00:41:22.00	02:53:55.65	101	49
David	Green	37	CHUCKLE BROTHERS 1	M	00:32:56	00:02:52.45	01:33:48.70	00:02:55.95	00:41:22.65	02:53:55.80		
Wendy	Horan	48	WARRINGTON TRI CLUB	MIX	00:32:00	00:02:19.90	01:40:28.85	00:02:05.90	00:38:45.05	02:55:40.20	102	10
Keith	Eagle	51	WARRINGTON TRI CLUB	MIX	00:32:02	00:02:24.05	01:40:31.85	00:01:57.95	00:38:44.35	02:55:40.50		
Bob	Lauder	53	FYLDE COAST RUNNERS	MIX	00:34:01	00:02:13.65	01:42:06.10	00:01:57.60	00:35:34.75	02:55:53.05	103	11
Ann	Griffiths	54	FYLDE COAST RUNNERS	MIX	00:34:01	00:02:13.15	01:42:10.55	00:01:53.65	00:35:35.20	02:55:53.10		
Gary	Allton	47	CHORLEY CYCLING CLUB 2	MV40	00:34:23	00:02:49.65	01:30:46.70	00:03:10.25	00:45:15.00	02:56:24.25	104	34
Jonathan	Clemson	47	CHORLEY CYCLING CLUB 2	MV40	00:34:21	00:02:49.40	01:30:42.40	00:03:15.20	00:45:16.65	02:56:24.80		
Duncan	Baxter	44	TEAM DEANE 4	MV40	00:31:33	00:03:41.40	01:41:18.00	00:03:06.85	00:37:34.20	02:57:13.40	105	35
William	Horrocks	44	TEAM DEANE 4	MV40	00:31:35	00:03:41.80	01:41:30.20	00:02:53.90	00:37:37.85	02:57:18.95		
Suart	Riley	38	EPIC 47	M	00:32:55	00:03:15.75	01:42:42.45	00:02:41.25	00:36:30.50	02:58:04.70	106	50
Dave	Woodward	38	EPIC 47	M	00:32:55	00:03:23.35	01:42:35.55	00:02:40.20	00:36:31.40	02:58:05.75		
Richard	Hughes	45	OXFORD FIRE RESCUE SERVICE	MIX	00:33:50	00:01:59.55	01:44:51.20	00:02:15.55	00:36:08.45	02:59:04.60	107	12

Debi	Coles	46	OXFORD FIRE RESCUE SERVICE	MIX	00:33:49	00:01:59.20	01:44:43.10	00:02:24.95	00:36:08.10	02:59:04.80	107	14
Karen	Schofield	34	EPIC 50	MIX	00:30:43	00:02:02.75	01:48:44.50	00:02:57.20	00:34:40.15	02:59:08.00	108	13
Warren	Moorfield	46	EPIC 50	MIX	00:30:43	00:02:03.20	01:48:37.85	00:03:04.05	00:34:39.95	02:59:08.30	108	13
Louise	Williamson	43	EPIC 56	MIX	00:32:47	00:04:12.75	01:41:03.25	00:03:41.50	00:37:27.10	02:59:11.65	109	14
Dexter	Wright	53	EPIC 56	MIX	00:32:44	00:04:14.35	01:40:59.35	00:03:46.05	00:37:29.90	02:59:14.05	109	14
Denton	Brock	44	KHB	MV40	00:36:16	00:02:41.80	01:39:45.50	00:02:26.10	00:39:22.40	03:00:31.95	110	36
Lee	Storer	43	KHB	MV40	00:36:17	00:02:44.25	01:39:46.35	00:02:23.15	00:39:20.90	03:00:32.15	110	36
David	Bagley	45	EPIC 43	MV40	00:34:19	00:03:06.55	01:39:39.35	00:02:27.80	00:41:07.35	03:00:39.80	111	37
Mark	Walker	51	EPIC 43	MV40	00:34:17	00:02:39.60	01:40:09.00	00:02:25.05	00:41:15.35	03:00:46.40	111	37
Charlotte	Hartley	38	EPIC 1	F	00:35:15	00:02:59.10	01:42:14.90	00:02:13.90	00:38:04.35	03:00:47.50	112	2
Glenda	Lord	45	EPIC 1	F	00:35:16	00:03:00.65	01:42:11.90	00:02:15.60	00:38:08.20	03:00:52.35	112	2
Ed	Culshaw	43	TRI PRESTON 1	MV40	00:34:49	00:03:36.05	01:40:56.10	00:02:52.65	00:40:42.70	03:02:56.05	113	38
Stuart	Bowdler	44	TRI PRESTON 1	MV40	00:34:49	00:03:34.50	01:41:02.00	00:02:48.30	00:40:42.55	03:02:56.50	113	38
Joe	Belton	37	EPIC 49	MIX	00:34:37	00:01:39.30	01:45:22.80	00:02:22.60	00:39:50.20	03:03:51.45	114	15
Debbie	McNeill	42	EPIC 49	MIX	00:34:38	00:01:38.60	01:45:23.75	00:02:21.80	00:39:50.35	03:03:52.25	114	15
John	Eklom	36	EPIC 11	M	00:35:11	00:04:26.00	01:37:32.10	00:04:41.65	00:43:09.60	03:05:00.15	115	51
Simon	Duckworth	37	EPIC 11	M	00:35:16	00:04:31.15	01:37:20.60	00:04:43.60	00:43:09.90	03:05:00.75	115	51
Steven	Haslam	43	RIVI TRI	MIX	00:37:27	00:54:15.85	00:54:15.85	00:03:41.45	00:35:23.60	03:05:03.60	116	16
Julie	Lomax	41	RIVI TRI	MIX	00:33:30	00:03:58.15	01:48:34.30	00:03:38.55	00:35:23.40	03:05:04.10	116	16
Caroline	Fox	45	CALDERDALE TRI CLUB 1	FV40	00:37:07	00:02:37.80	01:42:55.65	00:02:37.20	00:41:30.80	03:06:48.40	117	3
Laura	Wright	55	CALDERDALE TRI CLUB 1	FV40	00:37:08	00:02:37.60	01:42:57.75	00:02:35.10	00:41:30.10	03:06:48.60	117	3
Sing Siu (Tony)	Chan	53	EPIC 48	MIX	00:34:39	00:03:33.30	01:51:46.50	00:04:04.60	00:39:36.90	03:13:40.00	118	17
Carmen	Chan	25	EPIC 48	MIX	00:34:39	00:03:28.30	01:51:56.90	00:03:59.20	00:39:36.40	03:13:40.25	118	17
Jacqueline	Parkinson	41	TRI RIVINGTON 3	MIX	00:36:27	00:02:58.60	01:49:08.70	00:03:03.75	00:42:26.35	03:14:04.65	119	18
Robert	Thomson	40	TRI RIVINGTON 3	MIX	00:36:28	00:02:55.75	01:49:08.45	00:03:05.65	00:42:27.45	03:14:04.95	119	18
Donna	Cooper	42	TRI RIV BOLTON HARRIERS	FV40	00:40:34	00:02:39.95	01:47:12.70	00:02:43.90	00:42:21.80	03:15:32.00	120	4
Karen	Johnston	44	TRI RIV BOLTON HARRIERS	FV40	00:40:33	00:02:40.75	01:47:14.60	00:02:42.60	00:42:20.90	03:15:32.05	120	4
Gillian	Ramsden	46	TRI RIVINGTON 1	FV40	00:37:59	00:03:24.35	01:51:00.50	00:02:53.00	00:42:01.65	03:17:18.35	121	5
Karen	Taylor	53	TRI RIVINGTON 1	FV40	00:37:59	00:03:26.50	01:51:04.35	00:02:46.25	00:42:02.15	03:17:18.40	121	5
John	Hall	58	CHUCKLE BROTHERS 2	MV50	00:37:33	00:03:33.55	01:55:05.25	00:03:20.55	00:46:14.60	03:25:47.35	122	7
Phil	Holden	52	CHUCKLE BROTHERS 2	MV50	00:37:33	00:03:32.75	01:55:05.60	00:03:23.15	00:46:13.50	03:25:47.65	122	7
Alison	Evans	46	CHORLEY CYCLING CLUB 1	FV40	00:39:03	00:02:52.90	01:58:21.95	00:02:37.05	00:46:07.00	03:29:02.40	123	6
Susan	Clemson	48	CHORLEY CYCLING CLUB 1	FV40	00:39:06	00:02:47.60	01:58:26.70	00:02:36.15	00:46:08.70	03:29:04.90	123	6

Stephen	Regan	30	EPIC 45	M	00:36:51	00:02:45.15	02:00:28.40	00:03:21.30	00:48:53.50	03:32:19.15	124	52
Michael	Wilkinson	39	EPIC 45	M	00:36:50	00:02:47.75	02:00:27.80	00:03:19.15	00:48:54.90	03:32:19.55		
Andrew	Murray	41	CRAVEN ENERGY 4	MIX	00:36:55	00:03:10.15	01:59:39.85	00:03:59.45	00:49:23.90	03:33:08.75	125	19
Kate	Edminson	32	CRAVEN ENERGY 4	MIX	00:36:56	00:03:11.15	01:59:44.50	00:03:54.10	00:49:24.90	03:33:10.20		
Neal	Mousdell	37	EPIC 27	M	00:35:37	00:02:19.65	02:22:34.35	00:02:02.15	00:51:19.90	03:53:52.80	126	53
Ashley	Mousdell	30	EPIC 27	M	00:35:37	00:02:22.60	02:22:35.60	00:01:59.90	00:51:18.60	03:53:53.35		
Cyprian	Yobera	51	EPIC 57	MIX	00:40:16	00:03:25.95	02:20:21.80	00:02:21.80	00:50:51.80	03:57:17.45	127	20
Jen	Drayton	26	EPIC 57	MIX	00:40:15	00:03:25.45	02:20:19.95	00:02:23.70	00:50:53.35	03:57:17.70		
Katie	Bell	30	EPIC 3	F	00:41:40	00:02:42.30	02:20:51.60	00:02:14.05	00:50:57.00	03:58:24.85	128	3
Heidi	Moment	37	EPIC 3	F	00:41:40	00:02:40.70	02:20:54.15	00:02:13.50	00:50:56.20	03:58:24.90		
Glen	Kenyon	41	TRI RIVINGTON 2	MV40	00:25:38	00:02:33.00	01:26:25.05	00:01:24.55	00:24:55.35	02:20:56.20	Finished Solo	
Jonathan	Hyde	40	ASTLEY TYLDESLEY RR	M	00:23:48	00:00:56.60	01:13:07.15	00:01:04.80	00:24:52.40	02:03:48.45		